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Beth Behrs

Elizabeth Ann Behrs (born December 26, 1985) is an American actress. She is known for her starring role as Caroline Channing in the CBS comedy series *2 Broke Girls*. The show ran for six seasons and earned Behrs praise and nominations for the Teen and the People's Choice Awards. Having made her screen debut in the 2009 comedy film *American Pie Presents: The Book of Love*, she later ventured into television roles. After *2 Broke Girls*, Behrs returned to feature films with the 2015 productions *Chasing Eagle Rock* and *Hello, My Name Is Doris*. She voiced Carrie Williams in the animated film *Monsters University* (2013) and Moochie in the television series *Home: Adventures with Tip & Oh*. In 2018, she was cast in her second major TV role, playing Gemma Johnson in the CBS sitcom *The Neighborhood*.[2]

In addition to her acting career, Behrs has authored a self-help book and written the young-adult webcomic *Dents*. She is also a philanthropist and the founder of the SheHerdPower Foundation, which helps victims of sexual assaults.

Beth Behrs

Behrs at the 38th People's Choice Awards in 2012

Born	Elizabeth Ann Behrs December 26, 1985 Lancaster, Pennsylvania, U.S.
Alma mater	UCLA School of Theater, Film and Television (BA)
Occupation	Actress
Years active	2009–present
Spouse	Michael Gladis (m. 2018)
Children	1[1]

Early life

Behrs was born on December 26, 1985, in Lancaster, Pennsylvania, the elder daughter of David Behrs, a college administrator, and Maureen Behrs, a first-grade teacher.[3][4][5] She has a sister who is six years younger.[6] In 1989, her family moved to Springfield, Virginia, and later to Lynchburg, Virginia, where she was raised.[5] She began performing in theater at age four and played soccer while growing up.[7] She was a student at E.C. Glass High School.[8]

At age 15, Behrs relocated with her family to Marin County, California.[9] She began attending Tamalpais High School in 2001, and was accepted into the school's highly regarded drama program. She graduated from that high school in 2004.[10] Behrs studied at the American Conservatory Theater in San Francisco, and went on to perform in the musical *Dangling Conversations: The Music of Simon and Garfunkel*, and the plays *Korczak's Children* and *A Bright Room Called Day*. She was classically trained as a singer.[11]

Behrs moved to Los Angeles, California, in 2004, to study acting at the UCLA School of Theater, Film and Television.[11] In 2005, she played Sandy Dumbrowski in a production of *Grease* at San Francisco's Ray of Light Theatre, and was named Miss Marin County in 2006.[12][13] She began auditioning for roles in her

senior year and graduated in 2008 with a bachelor's degree in critical studies. Behrs was awarded a Young Musician's Foundation Vocal Scholarship after graduating from the college.[10][9]

Career

Behrs landed her first film role in the teen comedy *American Pie Presents: The Book of Love*, which she filmed in Vancouver for seven weeks beginning in March 2009.[9] The seventh in the *American Pie* series, the film was released direct-to-video on December 22, 2009. She next starred in *Adventures of Serial Buddies*, an independent comedy about an inept group of serial killers produced by TV personality Maria Menounos.[11] The film also starred Christopher Lloyd, Kathie Lee Gifford, and Artie Lange. In late 2010, Behrs shot the independent feature, *Route 30, Too!*, in Chambersburg, Pennsylvania, playing an alien girl.[14]

Behrs began working in television with guest appearances on *NCIS: Los Angeles* and ABC's *Castle*.[15] In 2011, she was working as a nanny and at the Geffen Playhouse in Westwood, when she auditioned for the CBS sitcom *2 Broke Girls*. She landed the lead role after seven auditions.[13] Behrs stars as Caroline Channing, an heiress from Manhattan's Upper East Side, who is forced to become a waitress at a diner in Williamsburg, Brooklyn after her father is arrested for financial wrongdoing.[16] Her character is a graduate of the Wharton School who teams up with a waitress named Max (Kat Dennings) in a business venture.[13] The series is produced by comedian Whitney Cummings and *Sex and the City*-producer Michael Patrick King.[7] In March 2016, CBS renewed the series for a sixth season.[17] On May 12, 2017, the series was canceled after six seasons.[18] Beginning in 2018, Behrs starred as Gemma Johnson in the CBS sitcom *The Neighborhood*.[19]

In 2013, Behrs appeared on *It's a Brad, Brad World*, a Bravo reality television series featuring fashion stylist Brad Goreski.[20] Behrs was also a presenter at the 2013 Academy of Country Music Awards.[21] She voiced sorority girl Carrie Williams that year in the Disney/Pixar animated film *Monsters University*, a prequel to 2001's *Monsters, Inc.*.[22] She starred alongside Sally Field and Max Greenfield in the independent comedy, *Hello, My Name Is Doris*, directed by Michael Showalter.[23] Behrs made her Manhattan stage debut in June 2016 at the Lucille Lortel Theatre in Halley Feiffer's comedic play, *A Funny Thing Happened on the Way to the Gynecologic Oncology Unit at Memorial Sloan-Kettering Cancer Center of New York City*.[24]

Behrs is also an author. Since 2016, she co-creates the young-adult webcomic *Dents* with childhood friend Matt Doyle. Inspired by *X-Men* comics, the webcomic explores themes such as sexuality, feminism and environmental issues.[25] Behrs released the book *The Total Me-Tox: How to Ditch Your Diet, Move Your Body & Love Your Life* in May 2017, in which she shares her personal journey towards health and happiness.[26]

Personal life

Behrs and actor Michael Gladis were engaged on July 10, 2016, after a six-year relationship.[27] They appeared in a short film together, *The Argument*, in 2012, for the comedy website Funny or Die.[28] On July 21, 2018, she married Gladis at Moose Creek Ranch in Victor, Idaho, just outside Jackson Hole. Behrs and Gladis have a daughter, Emma George Gladis, born in June 2022. While the date of birth was not revealed, Behrs announced the news in an Instagram post on June 13.[29][30]

Behrs is a fan of country music and has presented awards at the ACM, CMT and CMA Awards and appeared in Lady A's "Downtown" music video and became friends with them afterwards. In 2020, she began hosting *Harmonics with Beth Behrs*, a podcast where she interviews country and bluegrass singers

and songwriters with guests including Glennon Doyle, Geeta Novotny, Mickey Guyton, Brandi Carlile, Tichina Arnold, Allison Russell and Mary Gauthier.[31]

Behrs began equine therapy in 2011 to help manage panic attacks and anxiety that she had experienced since she was a teenager.[32]

Behrs founded SheHerdPower Foundation, which pairs women with horses, to provide therapy to victims of sexual assault.[33]

Filmography

Film

Year	Title	Role	Notes
2009	*American Pie Presents: The Book of Love*	Heidi	Direct-to-video
2011	*Adventures of Serial Buddies*	Brittany	
2012	*Route 30, Too!*	Alien girl	
2013	*Monsters University*	PNK Carrie	Voice role
2015	*Chasing Eagle Rock*	Deborah	
2015	*Hello, My Name Is Doris*	Brooklyn	

Television

Year	Title	Role	Notes
2010	*NCIS: Los Angeles*	Female caroler	Episode: "Disorder"
2011	*Castle*	Ginger	Episode: "Slice of Death"
2011	*Pretty Tough*	Regen	Hulu series
2011–2017	*2 Broke Girls*	Caroline Wesbox Channing	Co-lead role, 138 episodes Nominated – Teen Choice Award for Choice TV Breakout Star: Female Nominated – People's Choice Award for Favorite TV Gal Pals (with Kat Dennings)
2014	*40th People's Choice Awards*	Herself	Host
2015	*Repeat After Me*	Herself	1 episode
2016	*Home: Adventures with Tip & Oh*	Moochie	Voice
2018	*The Big Bang Theory*	Nell	Episode: "The Separation Triangulation"
2018–present	*The Neighborhood*	Gemma Johnson	Main role

Music videos

Year	Artist	Song
2013	Lady Antebellum	"Downtown"

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External links

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- Beth Behrs (https://twitter.com/BethBehrs) on Twitter

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